



ACADEMY OF
MODERN MARTIAL ARTS

Class Schedule

Taekwondo

KIDS Ages 7 - 13

White & Gold Belt

Mon, Wed: 4:30-5:15pm, 5:15-6:00pm

Orange - Blue Belt

Mon, Wed: 5:15-6:00pm

Sparring

Fri: 4:30-5:30pm

ALL AGES

Red to Black Belt

Mon, Wed: 6:00-6:45pm

ADULTS/TEENS Ages 14 & up

All Ranks

Mon, Wed: 6:45-7:45pm

Sparring

Tues, Thur: 6:15-7:15pm

Tiny Tigers

KIDS Ages 5 - 6

Mon-Thur: 4:45-5:15pm

Tuition Information: Martial Arts (includes Taekwondo, Judo and Modern Arnis) \$129/month; Fitkick Fitness \$49/month

We do not require a registration fee or contract. The family discount is 20% for two family members and 25% for three or more family members. We collect tuition through an automatic draft from a debit or credit card. All monies paid in advance for instruction are non refundable. We can be reached at info@ammacs.com. Follow us on Facebook and Instagram!

Judo

KIDS Ages 7 - 13

White Belt

Tues, Thur, Fri: 5:30-6:30pm

ADULTS/TEENS 14 & up

All Ranks

Tues, Thur: 6:30-7:45pm

Modern Arnis

ADULTS Ages 14 & up

All Ranks

Mon, Wed: 7:45-9:00pm, Sat: 9:30-11:00am

Fitkick Boot Camp

ADULTS

Tues, Thur: 5:30-6:15pm, Sat: 9:00-9:45am